

# Department of Health Service, Central Province

## Special Services

### 01. Patient Rehabilitation Services

Physical Rehabilitation Center, Digana

<b>Head of the institution</b>	<b>Dr. E. M. C. Ekanayaka</b>
<b>Tel/Fax</b>	<b>+94 812 374 213</b>
<b>E-mail</b>	<a href="mailto:rehabdigana@gmail.com">rehabdigana@gmail.com</a>

Due to lack of facilities and trained staff, the rehabilitation of physically disabled patients does not get adequate attention in the general health services. Most acute cases are managed in surgical and medical wards in general hospitals after which the patients may get discharged without any attention being paid to rehabilitation. Usually they end up as bed ridden or wheel chair dependant disabled citizens and are a burden to their family and society.

#### Community Resettlement

Community resettlement is a crucial factor in the rehabilitation of the disabled and is yet to be addressed even at National level. A community resettlement program is underway at Digana Rehabilitation Hospital and up to now 52 resettlement activities have been carried out.

### 02. Mental Health Services

Mental health services provided in the Central Province has improved gradually over the years and has been identified as model for mental health care. The services include a network of mental health clinics, management of acute patients, medium stay and long stay rehabilitation units and community mental health services. This programme is supported by the Psychiatry Department of the Peradeniya University, Psychiatry unit Teaching Hospital Kandy. The Mental Health Resource Centre was established in Katugastota to strengthen the planning, coordination and implementation of the mental health programme in the Central Province. 'Nivahana society" a NGO actively supports the mental health programme in the programme.

Currently there are 2 tertiary care hospitals (TH kandy, TH Peradeniya) and three secondary care hospitals (DGH Matale, DGH Nawalapitiya and DGH Nuwara Eliya) with

consultant psychiatrists of which 3 of the hospitals have in ward facilities. There are X hospitals with Medical Officers of Mental Health providing care while XX hospitals conduct mental well being clinics through trained MO or as out reach clinics.

There are four hospital providing medium stay facilities for patients. They are Sisila Deltota, DH Leliamabe, DH Muwandeniya and DH maldeniya. Long stay units are planned to be established in DH Walapane and DH Muruthalawa.

### 03. Dental Services

#### Preventive and Curative Dental Services

As the incidence of dental caries and periodontal disease is on the rise, the delivery of Dental care services is considered a primary health care activity.

The incidence of oral cancer is the highest among all malignancies in Sri Lanka. A high incidence of other oral diseases such as cleft palate and lip, odontogenic tumors, and other oral lesions is also recorded. Moreover, the demand for specialized dental treatment and fixtures (e.g. Dentures, braces etc and other orthodontic treatment) is on the increase. However at the moment patients who need these services are compelled to seek them from the few major dental hospitals in which these facilities are available.

In the Central Province, as well as in other parts of the country, dental services are provided both in the public and private sectors. The public sector provides not only curative but also preventive oral healthcare delivered by dental surgeons and dental therapists. Dental services in the public sector are provided through the Hospital Dental Clinics, School Dental Clinics, Community Dental Clinics and Adolescent Dental Clinics. The former delivers mainly curative services while the latter three provide preventive oral health services.

There is a Regional Dental Surgeon for each district and he/she participates in the planning and monitoring of dental services in his/her area and this has helped to establish an effective system to share information and to improve the delivery of dental care services.

#### Mobile Dental Services

The Mobile Dental Unit was established in 2002 to provide satisfactory curative & preventive dental care for the people living in rural and suburban areas where accessibility to dental treatment is minimal.

The areas recognized as very difficult areas due to difficult geographical terrain, poor infrastructure facilities and low socioeconomic and education levels have led to high

incidence of dental caries and periodontal disease. The Provincial Department of Health identified these factors and currently have established three mobile dental units, one for each district to ensure dental services are brought closer to these populations who have no access to regular dental care.

The mobile dental services consist of a vehicle with fixed and portable dental chairs, essential dental instruments & material. The team consists of 4 personnel: one dental surgeon, a driver, driver's assistant and one minor staff. Services are provided on weekdays and Saturdays. The services are also provided on Sunday and public holidays, if requested by organizations, institution and societies etc.

The main services provided include education & motivation on oral hygiene, restoration of deciduous and permanent teeth, extraction, treatment for periodontal disease, dento-alveolar abscess, screening for pre-malignant lesions, diagnosis of oral carcinomas and proper referral for tertiary care.

## Special Units

Regional Health Training Centre (RHTC) - Kadugannawa

<b>Head of the institution</b>	<b>Dr. Anura Rajapaksha</b>
<b>Email</b>	<b>rhtckadugannawa@gmail.com mohrhtckadugannwa@gmail.com</b>
<b>Tel/Fax</b>	<b>+94 812 571 252</b>

**There are two main areas of services supported by the RHTC.**

1. Training.
  - Basic training of primary health care personnel, namely Public Health Inspectors and Public Health Midwives.
  - Basic training for medical, dental and nursing students on community health.
  - Coordination of all the Provincial level in-service training for both preventive and curative health staff.
2. Provide primary health care services to the public through the field staff.
  - This includes maternal and child health care (immunization, ante natal care, post natal care, well women clinic & family planning), environmental health, food sanitation, occupational health, estate health and school health etc. Special effort has been taken to improve the care provided as "model area" to facilitate the learning of all students.

## Bio-Medical Engineering Services Unit

<b>Head of the institution</b>	<b>Mrs. D.M.I Dissanayake</b>
<b>Address</b>	<b>Dutugemunu Mawatha, Watapuluwa</b>
<b>Tel/Fax</b>	<b>+94 812 210 616</b>

The repairing of all medical equipment prior to 2002 was carried out by the Bio- medical Engineering Services unit in Colombo (BES). There are 224 hospitals under the Central Provincial Health Department and it was impossible for the BES to take care of equipment repair and maintenance and large number of serviceable medical equipment were stocked in hospitals unable to be used due to minor repair. Medical equipment needing major repairs in secondary care hospitals were done by the BME unit on urgent requests. The Province did not have proper procedures for purchasing, condemning and maintenance of medical equipment. The Central Province Bio - Medical Engineering Services unit was established in November 2002 with the aim providing better coordinated support services within the Province to do equipment purchasing, maintenance and attend to minor repairs to medical equipment and to maximize the equipment usage time.

### Major Functions of BME Unit- Central Province

- Repair of medical, surgical and other equipment in the health institutions within the Central Province
- Provision of reports on equipment and other items to be condemned in health institutions
- Provision of technical guidance on purchasing of new equipment to health institutions.
- Provision of quality reports on newly purchased medical equipment.
- Distribution of newly purchased equipment to health institutions.
- Keeping inventory of medical equipment available at institutions.
- Training health staff on maintenance of medical equipment.